

PLEASE NOTE: Weather or any other unforeseen circumstances may cause a change of venue or, cancellation of a walk without notice. Always contact the Walk Leader if you intend going direct to the alternate meeting place, or, if you are unsure about the walk conditions.

BVNC = Berkeley Vale Neighbourhood Centre --- **G.W.N.** = Great North Walk --- **S.L.S.C.** = Surf Life Saving Club

| DATE | MEETING PLACE | EXTENT OF WALK | DESTINATION / RETURN | CONDITION | WALK LEADER CONTACT NUMBER |
|-----------|---|------------------|---|--------------|------------------------------------|
| 2-Feb-10 | 11.45am The Entrance Bowling Club - Warrigal St. - The Entrance | Appr 2 hrs | PRE-WALK LUNCHEON | N/A | Ben- 43321538 Mob. 0427011339 |
| 9-Feb-10 | BVNC 9am or Frazer park Car park - 9.45am | 8 km - 2 hrs | Frazer Park to Wybung Head | Medium 3 | Ben & Judy 4332 1538 |
| 16-Feb-10 | BVNC 9am South end Natuna St. Budgewoi - 9.35am | 8 km - 2.5 hrs | Budgewoi along West Shore, Lake Munmorah & return. | Medium | Ben 4332 1538 Mob. 0427011339 |
| 23-Feb-10 | BVNC 9.00am or Catherine Hill Bay - Surf Shed 9.45am | 7.5 km - 2 hr | Catherine Hill Bay to Flat Island & caves & return (Low Tide 9.31am) | Medium 3 | Roy & Sondra 4388 1701 |
| 2-Mar-10 | Train Dep. Gosford 7.36am - Tuggerah 7.49a Return: Fassifern 1.57pm | 9.3km -3hrs | Fassifern Station to Toronto Bay Boat Ramp and return. Carry Lunch Lunch at boat ramp | Medium | Ben & Judy 4332 1538 |
| 9-Mar-10 | BVNC 9am or Umina Reserve (near Tennis courts) -Melbourne Ave - Umina - 9.50am | 8 km - 2. hrs | Club Umina (Umina Beach) to Ettalong Wharf & return | Easy/ Medium | Graham 0413769780 |
| 16-Mar-10 | BVNC 9am or Maitland Bay Info Centre - The Scenic Rd - Killcare Heights 9.45 am | 8 km - 2. hrs | Maitland Bay store to Bullimah Lookout & Western lookout | Medium 3.5 | Ben 4332 1538 |
| 23-Mar-10 | The Sydney Entertainment Centre - Commences at 11.00am | | PREMIER'S SENIORS CONCERT - then (Lunch at Red Chilli - Dixon St, Haymarket) | Easy 2.5 | Graham 0413769780 |
| 30-Mar-10 | BVNC 9am or Beach Pde. (near the end of Crossingham St.)Canton Beach 9.45am | 8 km - 2 hrs | Canton Beach to Red Gum Forest lookout and return | Medium 3 | Ben & Judy 4332 1538 |
| 6-Apr-10 | Train: Tuggerah 7.17am - Gosford 7.33am North Shore Train to Wynyard Stn | 5km - 2 hrs | Harold Reid Reserve Circuit - Middle Cove | Easy | Trevor 4324 5504 |
| 13-Apr-10 | BVNC 9.00am or Brundell Av. Charmhaven /SanRemo (alongside Wallarah Ck) 9.35am | 8 km - 2 hrs | Charmhaven to Buff Point & return | Medium 3 | Roy & Sondra 4388 1701 |
| 20-Apr-10 | BVNC 9.00 am or Martinsville Rd & Freemans Dv. 9.45am | 7 km 2.5hr | Abbotts Falls Walking Track - The Wattagans | Hard | Ben 4332 1538 & Peter 4328 3111 |
| 27-Apr-10 | Train: Tuggerah station 7.25am for 7.40 Gosford station 7.40am for 7.56 to Epping then bus to Carlingford | 8km - 2.5hrs | Carlingford to Rydalmere along the "The Ponds Trail" | Easy 2.5 | Ann H - 4367-6242 |
| 4-May-09 | BVNC 9.00 am or cnr Woy Woy Bay Rd & Phegans Bay Rd 9.30 am | 8.5 km - 2.5 hrs | Woy Woy Bay circuit | Med/Hard 3.5 | Don 4363 2342 |

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| 11-May-10 | Please note: THIS IS AN EARLY START. BVNC 8.30am or Swansea Macdonalds near Pacific H/Way & Caves Beach roundabout 9.30 | 8km 2.5 hrs | Glenrock State Conservation Area - Newcastle (Some beach walking) G.N.W. | Medium | Ben & Judy 4332 1538 |
| 17-May to 21-May-10 | Walking Holiday - Coonabarbran - Oxley Van Park (Meet time T.B.A.) | 6 days | Walking Group Holiday 17/05 to 21/05/10 | Various | Ben 4332 1538 |
| 25-May-10 | Train: Departs Tuggerah Stn 8.01am & Gosford 8.20am train to Hawkesbury River | 8.5km - 2.5hrs | Hawkesbury River Stn. To Sandy Bay via Dead Horse Bay and return | Medium - 3.5 | Eddie 4324-6180 |
| 1-Jun-10 | BVNC 9.00am or Banksia Picnic Area off Dogtrap Rd. - Ourimbah - 9.30am | 7.5 km - 2 hr | Strickland State Forest from Banksia Picnic Area | Med/Hard 3.5 | Don 43632342 |
| 8-Jun-10 | Train: Departs Tuggerah 7.41 - Departs Gosford 7.56 - then bus from Central | 5.2km - 2hr | Anzac Bridge - Rozelle & Blackwattle Bays Circuit | Easy 2.5 | Trevor 4324 5504 & Rob 43242152 |
| 15-Jun-10 | BVNC 9.00am or Woy Woy Tip entrance - Nagari Rd. 9.35 am | 14 km - 5.5hrs | Woy Woy Tip to Rocky Ponds and return | Hard 4.5 | Eddie 4324-6180 |
| 22-Jun-10 | BVNC 9.00 am Bateau Bay Beach car park Reserve Dve Bateau Bay 9.30am | 7 km - 2 hr | Bateau Bay (Boat Harbour) to Toowoan Bay & return. (Beach walk) Low tide 10.28am | Medium 3 | Ben & Judy 4332 1538 |
| 29-Jun-10 | BVNC 9.00am or Staples Lookout - Woy Woy Rd Kariong 9.45 am | 7.5 km - 2 hr | Staples Lookout to Kariong Creek Falls & return | Med/Hard 3.5 | Peter 4328 3111 |
| 6-Jul-10 | Train: Tuggerah station 7.25am for 7.40 Gosford station 7.40am for 7.56 to Epping | 8.5 km - 3 hr | Epping Station to Lane Cove River Circuit | Medium 3 | Trevor 4324 5504 & Rob 43242152 |
| 13-Jul-10 | BVNC 9am or foot of Bumble Hill -Yarramalong 9.45am for car shuttle | 7.5 km - 2 hr | Bumble Hill Cherry Lane, to Yarramalong (Car shuttle) GNW | Medium 3 | Don 43632342 |
| 20-Jul-10 | BVNC 9.00 am or top car park at Mount Sugarloaf (leave freeway at West Wallsend interchange) 10.00am | 8 km - 2 hrs | Mt. Sugarloaf Circuit walk - West Wallsend | Medium 4 | Peter 4328 3111 |
| 27-Jul-10 | BVNC 9am or end of Koorin Rd & The Ridgway Tumbi Umbi 9.25 am | 8 km - 2 hrs | Matchem Ridge walk | Medium 3 | Trevor 43245504 & Rob 4324 2152 |
| 3-Aug-10 | Train: Tuggerah 7.17am - Gosford 7.33am North Shore Train to Wynyard Stn | 7.5km 2hr | Wynyard Station - via Circular Quay to Darling Harbour & Pyrmont - Board light rail to Central | Easy 2.5 | Ben & Judy 4332 1538 |
| 10-Aug-10 | BVNC 9am or Bluebell Park (Lake EdgeAve) BerkeleyVale - 9.20am | 7km 2hr | Bluebell Park Berkeley Vale to Chittaway Point and Return | Easy 2 | Roy & Sondra 4388 1701 |
| 17-Aug-10 | BVNC 9am or car park at end of Grahame Dv.,off The Scenic Rd - 9.50am | 6.5km 2 hr | Bombi Circuit from Little Beach car park | Medium 3.5 | Don 43632342 |
| 24-Aug-10 | BVNC 9am or Catherine Hill SLSC car park - 9.40am (Car shuttle to Caves Beach) | 8.5km - 2.5hrs | Caves Beach to Catherine Hill Bay SLSC (Lunch at Catherine Hill Pub) Low tide 13.44 | Medium 3 | Roy & Sondra 4388 1701 |

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| 31-Aug-10 | Train: Departs - Tuggerah 8.01am Gosford 8.20am - Arrives Cowan 8.57am | 8 km | Mougamara Nature Walk (Bujwa Bay Walk) Entry fee \$6.00 | Medium 3 | Eddie 4324-6180 |
| 31-Aug-10 | Alternate Walk: Same train times as above Train to Mt Colah | 7 km | Walk from Mt Colah to Kalakrie Visitor Centre | Easy 2.5 | Eddie 4324-6180 |
| 7-Sep-10 | BVNC 9.00am or Picnic Point The Entrance 9.25am (Low tide 12.48pm) | 7.5km- 2hr | Picnic Point to North Entrance and return (some cycleway, some beach walk) Low Tide 12.48 | Easy 2.5 | Ben 4332 1538 |
| 14-Sep-10 | Train: Departs Tuggerah Stn - 7.40am Departs Gosford Stn. 7.56am to Central - Change for Miranda | 8 km -2hr | Miranda to Caringbah via Yowie Bay & Caringbah National Camellia Gardens | Easy 2.5 | Ann H 4367-6242 |
| 21-Sep-10 | BVNC 9am or Waratah Patch car park, Patonga road - 9.50am | 9 km - 2.5 hrs | Waratah Patch, Tesselated Pavement, Elephant Rock Circuit. | Easy/Medium 3 | Peter 4328 3111 |
| 28-Sep-10 | BVNC 9am or Rumbalara car park - 9.40am | 7. km - 2 hr | Rumbalara Reserve Circuits | Easy/Med 2.5 | Eddie 4324-6180 |
| 5-Oct-10 | BVNC 9am or McMasters Beach Car Park - 9.50am | 8 km - 2.5 hrs | McMasters Beach to Little Beach & return | Med/Hard 4 | Don 43632342 |
| 12-Oct-10 | Train: Tuggerah 7.13 am Gosford 7.27am to Central then change for Heathcoat station | 6km - 3 hr | Karloo Pools – Royal National Park - Heathcote Station to Karloo Pools & Return (Carry lunch) | Medium 3.5 | Peter 4328 3111 |
| 19-Oct-10 | BVNC 9am or Old Tuggerah Rd Kangy Angy (near freeway) - 9.30am | 8 km - 2.5 hrs | Circuit to Tangy Dangy Trig and return | medium 3 | Don 43632342 |
| 26-Oct-10 | BVNC 9am or Mandalong Rd.(Left off freeway) - 9.45am | 7.5 km -2.25hr | Swing bridge & Avondale area, Cooranbong & Santarium Shop | Medium 3 | Ben & Judy 4332 1538 |
| 2-Nov-10 | BVNC 9am or at Park at the Lake end of Colongra Bay Rd 9.45 am | 7.5km - 2hrs | Lake Munmorah Foreshore towards Elizabeth Bay & return (Mostly shared cycleway) | Easy 2.5 | Sondra & Roy 4388 1701 |
| 9-Nov-10 | Train to Newcastle - From Gosford -7.37am - From Tuggerah -7.50 | 8km - 2hrs | Newcastle foreshore to Nobbey's and return via N/C Beach & Kings Park (Carry lunch) | Easy 2.5 | Ben & Judy 4332 1538 |
| 16-Nov-10 | BVNC 9am or Fishery Point Rd. Morriset - (Opposite Service Stn.) - 9.45am | 8 km - 2. hrs | Shingle Splitters Point to Sunshine & return | Medium 3 | Ben & Judy 4332 1538 |
| 23-Nov-10 | BVNC 9am or Amy St Davistown - 9.45am | 8 km - 2 hrs | Davistown Waterfront Walk from Amy St. | Easy/Med 2.5 | Graham & Helen 0413769780 |
| 30-Nov-10 | Train: Departs Tuggerah Station 7.41 Departs Gosford Station 7.56 | 7.5km 2.hrs | Waverton Station to Milsons Point then Ferry to Circular Quay (Lunch at Circular Quay) | Easy 2.5 | Trevor & Robyn 4324 5504 |
| 7-Dec-10 | The Sydney Entertainment Centre - Commences at 11.00am | | GALA CHRISTMAS CONCERT (Commences at 11.00am) | | Graham 0413769780 |
| 14-Dec-10 | BVNC 9am or Picnic Shelter - Beach pde. Canton Beach 9.45 am | 5 km - 1.5 hrs | Christmas Break up - Canton Beach - short walk before lunch | Easy 2 | Ben & Judy 4332 1538 |